

OURAY SWIM MEET
SATURDAY, JUNE 13, 2009
SPONSORED BY THE OURAY SWIM CLUB

THE SCREAMING EELS

SANCTION: Held under sanction of Colorado Swimming, Inc. of USA, LSC
Colorado Zone 4 Sanction #2009-025C

FACILITIES: Ouray Hot Springs Swimming Pool
Ouray, Colorado 81427
25 meter pool with 8 lanes

TIMING: There will be three timers for each lane and two order of finish judges for each event. Each team will be responsible for providing lane timers.

SCHEDULE: Warm-up for Session 1 9:00 a.m. to 9:45 a.m. as per USA Swimming Guidelines. Session 2 will start 10 minutes after the completion of Session 1. Officials and Coaches meeting at 9:45 a.m. Meet starts at 10:00 a.m. and continues until completed.

RULES: Current USA Swimming rules govern the procedures of the meet and warm-up. Age as of the day of competition will determine the swimmer's age group. There will be timed finals only. Each swimmer may enter 4 individual events plus 2 relays in Session 1. Each swimmer may also swim 1 event in Session 2. Swimmers must provide three timers and their counters for Session 2 events. Session 2 events will be swum fastest to slowest alternating girls and boys. For all sessions, at the meet referee's discretion, events may be combined.

ELIGIBILITY: USA member athletes in Zone 4 holding a 2009 membership card.

SCORING: Team points will not be kept.

ENTRY FEES: \$3.50 per swimmer for each individual event (\$.15 will go to the Western Slope fund). \$4.50 per relay. \$1.00 pool use fee per swimmer. Please make check payable to Ouray Swim Team.

ENTRY

PROCEDURE: We will be using the Meet Manager computer program. Entries can be emailed to jlrimmer@lornet.com A hard copy of the entries, sorted by swimmer's name, and entry fees must be mailed to the entry chairman prior to the meet.

Please - short course meter times only.

ENTRY

DEADLINE: Mail entries with checks to:
Ouray Swim Club
c/o John Lorimer, Entry Chairman
P.O. Box 32
Ouray, CO 81427
Email: jlorimer@lornet.com

Entries must be received by Monday June 8th, either by hand delivery, US Mail or E-mail with hard copies sent by mail. Late entries for the pre-seeded meet will be accepted until 5:00 p.m. on Wednesday, June 10th, with a \$5.00 late entry fee per individual; all other fees apply. All entry fees must be paid before results and awards will be released to the coach. **NO LATE ENTRIES WILL BE ACCEPTED ON THE MORNING OF THE MEET. NO EXCEPTIONS.**

AWARDS: Individual events: 1st through 3rd - Medals
4th through 6th - Ribbons
Relays: 1st through 3rd - Ribbons

SCHEDULE OF

EVENTS: See attached schedule.

PROGRAMS/

RESULTS: Programs will be provided to coaches and officials. Results will be posted during the meet with a copy for each team following the meet.

OFFICIALS/

TIMERS: Each team is asked to provide officials and timers to assist with the running of the meet. Please send names of available officials with your entries.

SPECIAL

INFO: No smoking on pool deck or any area frequented by swimmers. The side pool gate to the west of the lobby will open at 8:30 a.m. on meet day. Swimming will be available during the meet for those attending the meet and anyone who wishes to remain at the pool after the meet is over is invited to stay without paying any additional entrance fees to the pool.

Our pool rules state that anyone under the age of seven (7) must be within arms reach of an adult at all times. (This does not apply when in the lanes competing.) The lifeguards will remove anyone not complying with our pool rules. **Please make swimmers, parents and spectators aware of this in order to avoid problems that have occurred in the past.**

There will be a heating area for the 8 and under events only. All other swimmers must report to their assigned lanes at the proper times

The City of Ouray will be allowing free camping for swim families, and guests, at the Rotary Park. Rotary Park is located 1 mile north of the pool on Highway 550, the east side. There are public restrooms but no showers. Showers are available at the pool.

OTHER: Meet Referee: Sue Lorimer Safety Coordinator: Katie Link
Meet Director: Lori Leo

If you have any questions, please contact:
Lori Leo, Meet Director 970-325-4119

Thank You.

SCHEDULE OF EVENTS
Session 1

| Female | | Event | Male |
|--------|-----------|-----------------------------|--------|
| Number | Age | | Number |
| 1 | 8 & under | 100 Meter Medley Relay | 2 |
| 3 | 9-10 | 200 Meter Medley Relay | 4 |
| 5 | 11-12 | 200 Meter Medley Relay | 6 |
| 7 | 13-14 | 200 Meter Medley Relay | 8 |
| 9 | Open | 200 Meter Medley Relay | 10 |
| 11 | 8 & under | 25 Meter Backstroke | 12 |
| 13 | 9-10 | 50 Meter Backstroke | 14 |
| 15 | 11-12 | 50 Meter Backstroke | 16 |
| 17 | 13-14 | 50 Meter Backstroke | 18 |
| 19 | Open | 50 Meter Backstroke | 20 |
| 21 | 8 & under | 25 Meter Butterfly | 22 |
| 23 | 9-10 | 50 Meter Butterfly | 24 |
| 25 | 11-12 | 50 Meter Butterfly | 26 |
| 27 | 13-14 | 50 Meter Butterfly | 28 |
| 29 | Open | 50 Meter Butterfly | 30 |
| 31 | 8 & under | 25 Meter Freestyle | 32 |
| 33 | 9-10 | 50 Meter Freestyle | 34 |
| 35 | 11-12 | 50 Meter Freestyle | 36 |
| 37 | 13-14 | 50 Meter Freestyle | 38 |
| 39 | Open | 50 Meter Freestyle | 40 |
| 41 | 8 & under | 25 Meter Breaststroke | 42 |
| 43 | 9-10 | 50 Meter Breaststroke | 44 |
| 45 | 11-12 | 50 Meter Breaststroke | 46 |
| 47 | 13-14 | 50 Meter Breaststroke | 48 |
| 49 | Open | 50 Meter Breaststroke | 50 |
| 51 | 8 & under | 100 Meter Individual Medley | 52 |
| 53 | 9-10 | 100 Meter Individual Medley | 54 |
| 55 | 11-12 | 100 Meter Individual Medley | 56 |
| 57 | 13-14 | 100 Meter Individual Medley | 58 |
| 59 | Open | 100 Meter Individual Medley | 60 |
| 61 | 8 & under | 100 Meter Free Relay | 62 |
| 63 | 9-10 | 200 Meter Free Relay | 64 |
| 65 | 11-12 | 200 Meter Free Relay | 66 |
| 67 | 13-14 | 200 Meter Free Relay | 68 |
| 69 | Open | 200 Meter Free Relay | 70 |

Session 2

| Female | | Event | Male |
|--------|------|-----------------------------|--------|
| Number | Age | | Number |
| 71 | Open | 400 Meter Individual Medley | 72 |
| 73 | Open | 800 Meter Freestyle | 74 |