

**THIRTY-EIGHTH ANNUAL INVITATIONAL SWIM MEET
JUNE 12, 13 & 14, 2009
SPONSORED BY TEAM SOPRIS BARRACUDAS SWIMMING**

- SANCTION:** Held under Zone 4 sanction number 2009-025E of Colorado Swimming Inc.
- LOCATION:** Glenwood Springs Community Center
100 Wulfsohn Road
Glenwood Springs, CO 81601
(970) 384-6315 Phone (970) 928-8418 Fax
- FACILITIES:** 25 yard indoor pool, 7 lanes with continuous warm-up/cool down lane. Limited deck space, seating available in the adjacent gymnasium and outside.
- TIMING:** Colorado Timing System 6 with touch pads, back-up buttons, and electronic scoreboard with seven lane display will be used for all events. Backup timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used.
- RULES:** Current 2009 USA rules govern the meet. The referee will be the final authority for the conduct of the meet. Age as of the first day of competition, June 12, 2009, will determine the swimmer's age group. All events are timed finals.

The meet will be pre-seeded. Please provide scratches and relay declarations 30 minutes before each session. Colorado Individual Scratch rules apply and will be strictly enforced.

500 Free and 1650 Free participants will be required to provide a counter and two timers. These events require positive check in 90 minutes prior to the start of the race, and will be swum fastest to slowest alternating girls then boys, with a combined heat possible at the discretion of the referee.

8&Under 25 yard races will be swum from the shallow end of the pool. Diving is allowed.

Please note: 11-12 boys will swim during the morning session and 11-12 girls will swim during the afternoon session.

Colorado Swimming warm up procedures will be observed. The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches that are non-compliant will not be allowed on deck – NO EXCEPTIONS.

CSI and USA Swimming Rule regarding swimwear will be strictly enforced. 102.9 Swimwear. .1 Design A. Swimsuits worn for all 14 & under age group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.

- ELIGIBILITY:** Open to all Zone 4 swimmers holding a 2009 USA Swimming membership card. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply, \$29.00 for year round or \$14.00 for seasonal, plus the normal registration fee (\$55 year round / \$30 seasonal). Swimmers must be prepared to show current card. Coaches must be prepared to show their 2009 current USA Swimming coach's registration card with all safety and background information current.

SCORING: Individual 8-6-5-4-3-2-1
Relays 16-12-10-8-6-4-2

Open events will be scored as follows: The 200, 500 and 1650 events will be scored as 12 & under, 13-14 and 15 & over. All other Open events will be scored as 13-14 and 15 & over.

AWARDS: Awards given to 12 & under swimmers. Participation awards given to 13 & over.
Individual: Medals for places 1 - 3, Ribbons for places 4 - 12
Relays: Ribbons for places 1 - 6
High point: Male and Female, 8 & under, 9-10,11-12.
Records: Certificates will be given for new pool records.

ENTRY: Swimmers may enter **4 Individual Events & 1 Relay per day**. Meet host reserves the right to make changes in order to assure 4-hour sessions.

PROCEDURES: Entries must be received on a diskette, or the entry file from Team Manager must be emailed to Damon Garrison at liquidcoach@gmail.com before the entry deadline. Meet verification forms and a printed copy of Team Manager "Meet Entries" must accompany entries. **Do not send entries to the pool.**

FEES: Individual events \$ 3.00 per event
Relays \$ 5.00 per event
Surcharge \$ 5.50 per swimmer

LATE ENTRIES: Individual \$ 6.00 per event
Relays \$ 8.50 per event

DEADLINE: June 1st, Mail to: Sopris Barracudas
Entry Chair
P.O. Box 1703
Glenwood Springs, CO 81602
Cell: (540) 710-3487
Email: liquidcoach@gmail.com

*** Scratches, adds & relay declarations must be submitted to the Clerk of the Course 30 minutes before start of the session each day.**

MEET DIRECTOR: Lori Pohm Day 970-945-6762 Evening 970-309-7126

MEET REFEREE: Elaine Gerson

MEET MARSHAL: Bob Thorsen Day 970-945-6762 Evening 970-309-7126

PROGRAMS: Programs will be available for \$5.00 in the gym beginning 4:00 p.m. Friday, June 12th.

Coach's packets, which include a list of your swimmers and their ID #'s, relay declaration forms and add/scratch forms will be provided at the program sales desk. Please make use of these forms (using the swimmers ID #'s, whenever possible) as this will aid in the speed of our data entry.

RESULTS: Results will be e-mailed within 7 days and will be provided to teams entered in the meet. Individuals wishing a printed copy of final results may request them at the Clerk of the Course Table for \$5.00 each. Teams providing a formatted disc and using Hy-Tek for the results will be accommodated.

LODGING: There are many wonderful hotels in Glenwood Springs. Please check with the Glenwood Springs Chamber of Commerce either by phone at 945-6589 or the website at www.glenwoodchamber.com. We strongly encourage teams to make reservations early, as this is a busy weekend in Glenwood Springs. Please watch the Western Slope League website and www.soprisbarracudas.com for a list of host hotels offering special rates.

Please leave your pets at home. There will be no pets allowed at the Community Center.

PARKING: There is ample parking at the Community Center. RV parking in upper lots, please.

OFFICIALS: Please remember to bring your "whites" and ID as we will need many officials to cut down on the deck time each official works over the two and a half days.

FOOD: See meet program for local sponsors, restaurants, and special swimmer coupons.

TIMERS: Each team should be prepared to provide timers throughout all the sessions.

CAMPING: Camping has been arranged at the Community Center, for a nightly fee. Portajohns will be available. Exterior facility has been rented by Team Sopris Barracudas.

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Schedule of Swimming Events, Friday, June 12, 2009 Session 1
Session Starts: 4:30 PM

Girls	Division	Event	Boys
1	12&Under	500 Free	2
3	13&Over	1650 Free	4

Schedule of Swimming Events, Saturday, June 13, 2009 Session 2
Session Starts: 8 AM

Girls	Division	Event	Boys
5	10&Under	50 Fly	6
█	11-12	100 Fly	7
8	8&Under	25 Free	9
10	10&Under	200 Free	11
█	11-12	50 Free	12
13	10&Under	50 Back	14
█	11-12	100 Back	15
16	8&Under	25 Breast	17
18	10&Under	50 Breast	19
█	11-12	100 Breast	20
21	10&Under	200 IM	22
█	11-12	200 IM	23
24	10&Under	200 Medley Relay	25
█	11-12	200 Medley Relay	26

Schedule of Swimming Events, Saturday, June 13, 2009 Session 3
Session Starts: 1 PM

Girls	Division	Event	Boys
27	11-12	200 Free Relay	█
28	13-14	200 Free Relay	29
30	Open	200 Free Relay	31
32	11-12	100 Fly	█
33	Open	200 Fly	34
35	11-12	50 Free	█
36	Open	50 Free	37
38	11-12	100 Back	█
39	Open	200 Back	40
41	11-12	100 Breast	█
42	Open	100 Breast	43
44	11-12	200 IM	█
45	Open	200 IM	46
47	13&Over	500 Free	48
49	13-14	400 Medley Relay	50
51	Open	400 Medley Relay	52

Schedule of Swimming Events, Sunday, June 14, 2009 Session 4
Session Starts: 8 AM

Girls	Division	Event	Boys
53	10&Under	100 IM	54
	11-12	200 Free	55
56	8&Under	25 Fly	57
58	10&Under	100 Fly	59
	11-12	50 Fly	60
61	10&Under	50 Free	62
	11-12	100 Free	63
64	8&Under	25 Back	65
66	10&Under	100 Back	67
	11-12	50 Back	68
69	10&Under	100 Breast	70
	11-12	50 Breast	71
72	10&Under	100 Free	73
74	10&Under	200 Free Relay	75
	11-12	200 Free Relay	76

Schedule of Swimming Events, Sunday, June 14, 2009 Session 5
Session Starts: 1 PM

Girls	Division	Event	Boys
77	11-12	200 Medley Relay	
78	13-14	200 Medley Relay	79
80	Open	200 Medley Relay	81
82	11-12	50 Fly	
83	Open	100 Fly	84
85	11-12	100 Free	
86	Open	100 Free	87
88	11-12	50 Breast	
89	Open	200 Breast	90
91	11-12	50 Back	
92	Open	100 Back	93
94	11-12	200 Free	
95	Open	200 Free	96
97	Open	400 IM	98
99	13-14	400 Free Relay	100
101	Open	400 Free Relay	102