

ACES Swim Club  
**2010 COLORADO ACES SPRING OPEN**  
Friday, Saturday and Sunday, May 28-30, 2010

**SANCTION:**

Held under the sanction of USA Swimming # **2010-058**

**LOCATION:**

Lowry Pool    Altitude: 5400 ft.  
775 Akron Way, Building # 695  
Denver, CO 80230

**POOL:**

Six lane, OUTDOOR 50 Meter pool, with non-turbulent markers. Competition Course has not been certified in accordance with 104.2.2C (4). Depth turn end 4.2 feet. Start end 12 feet.

**TIMING:**

Colorado Timing System with touch pads and back up buttons. The meet may be run from both ends of the competition pool.

**REQUEST for OFFICIALS and ADDITIONAL TIMERS:**

Teams are encouraged to provide officials to work this meet. Have all officials contact Linda Eaton by e-mail at [Linda.Eaton@msn.com](mailto:Linda.Eaton@msn.com) ACES Swim Team will make every attempt to supply timers but may need help. Teams should plan on participating.

**RULES:**

- Current USA and Colorado Swimming rules shall govern the conduct of the meet. Age of swimmer is determined as of May 28, 2010.
- Swimmers are limited to four (4) individual events per day.
- The meet will be pre-seeded except for the 400/800/1500 Free and 400 IM, which will be deck seeded. A swimmer may enter either the 800 or 1500 Free, not both. The 400/800/1500 Freestyle will alternate Females and Males and require the following:
  - The swimmers to provide their own counters and timers.
  - Positive check-in approximately 1 hour before the event. Seeding procedures will comply with USA Swimming 2010 Rules & Regulations Rule 207.12.7.A.
  - Failure to check in will prohibit seeding in any positive check-in event; exceptions to this rule are at the Meet Referee's discretion.
- **Depending upon the time line and weather conditions, all events may be deck seeded and require a positive check-in.** Information regarding this will be forwarded to the coaches via e-mail the week prior to the meet and posted on our web site at [www.aceswimclub.com](http://www.aceswimclub.com)
- **FAILURE TO SWIM AFTER A POSITIVE CHECK-IN:** Teams whose swimmers check-in for events requiring a positive check-in may be fined \$25.00 at the discretion of the Meet Referee for each swimmer who fails to swim in those events. The swimmer may be barred from further competition.

- This meet will enforce *USA Swimming Rules & Regulations* Rule 101.1.2, timely reporting to the block area and responding promptly to signals and commands.
- There will be no refunds if a session is cut short. No exhibition swimming allowed. The Meet Referee will be the final authority for conduct of the meet.

#### **FASTEST TO SLOWEST MEET SEEDING:**

This meet will be seeded fastest to slowest.

#### **SAFETY ISSUES:**

- All coaches, officials, parents, and swimmers should act in a safe manner.
- All participants, visitor coaches and officials should be reminded that swimming venues have areas where additional care is needed. This includes but is not limited to slippery decks and hallways. Proper footwear and caution is recommended.
- No running or horseplay is allowed; it is the responsibility of the swimmer, coach, officials, and parents to monitor these activities.
- The Lowry facility may have space limitations at certain times and locations within the pool area. The grassy area, which provides some shade, is extensive and should be utilized as much as possible to reduce congestion on the deck.
- There may be a police officer or uniformed fire marshal enforcing these safety issues.  
**Remember safety first! Please help accommodate your neighbors.**

#### **WEATHER ISSUES:**

If, prior to or during the meet or an event, weather conditions preclude safely conducting the meet/event, the Referee at his/her sole discretion may suspend the meet/event until conditions warrant resuming the competition. The Referee may cancel the meet/event or postpone it to a future date. Weather delays will be evaluated every 15 minutes.

#### **MEET START:**

Meet start times will be **adjusted** based on the total number of entrants per session. ACES will post the start times on our web site at <http://www.aceswimclub.com/> by noon on Tuesday, May 25th. **It is the swimmers and coaches' responsibility to verify warm-up and start times.**

#### **WARM UP PROCEDURES:**

Warm-up will be conducted in accordance with Colorado Swimming Inc. procedures. Backstroke starts are NOT allowed during general warm-up. No equipment may be used during the warm-up periods including but not limited to: fins, paddles, kick boards, pull buoys, cords for assisted or resisted swimming. Coaches will be responsible for the conduct and safety of their swimmers.

The warm up schedule will be posted at the pool and on the ACES web site [www.aceswimclub.com](http://www.aceswimclub.com). The Meet Director will determine the warm-up schedule.

#### **ELIGIBILITY:**

Open to all swimmers holding a 2010 USA Swimming membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. A surcharge for deck registration will apply, \$28.00 year round and \$15.00 for seasonal plus the normal registration fee.

Swimmers competing without a coach must check-in with the Meet Referee before entering the pool; a supervisory coach will be assigned.

**ENTRY FEES:**

Individual event fee is \$4.10 per event. There is a \$5.00 surcharge per swimmer. All fees must accompany entries. ***Make check payable to the Aces Swim Club*** (\$.60 of each entry fee goes to the CSI Splash Fund). Deck/late entries or changes are \$5.00 per event, plus surcharge and swimmers not already in the meet, must show proof of registration.

**ENTRIES:**

Each session will be seeded in the order of entry receipt with a tentative timeline for 12&U sessions not to exceed a planned 4 hours. The ACES Swim Club will make every attempt to provide as many swimmers as possible with an opportunity to participate. Late entries may be accepted only at the Meet Director's discretion, but the meet will not be re-seeded. Please report No Shows to the computer table.

Entry times must be in **LONG COURSE METERS!** The **CSI Meet Verification Form must accompany entries.**

**NO-TIME (NT) ENTRIES WILL NOT BE ACCEPTED!**

**No Time entries will be rejected.** It is recommended that the coach obtain entry times during practice that are well within the ability of the swimmer. **Coaches of swimmers who do not swim within 10% of entry times are subject to a \$20.00 fine at the Meet Referee's discretion.**

Entries will be accepted via e-mail (preferred) or on 3.5 inch disks or CD's using Hy-Tek Ltd. software.

Non-Hy-Tek entries will be accepted in Word or PDF format. When submitting entries in this format, please include name, age (as of the first day of the meet), USA Swimming ID, and team code. Teams sending 5 or more swimmers will be assessed a \$25.00 surcharge if entries are not submitted using Hy-Tek software.

Please include the **coaches' name, address, e-mail and phone number** with all entries. If you wish to confirm receipt of entries, please contact entry chair via e-mail only.

**ENTRY DEADLINE/OPENING**

Entries will be accepted beginning Wednesday May 5th at 11:00 AM MST. Entries received prior to the opening will not be accepted. The entry deadline is Wednesday, May 19th. Email entries will be accepted in order they are received, and any entries submitted should be considered official. Full payment for email entry must be postmarked within 48 hours of confirmation and acceptance of entries. Entry updates are permitted, however **DELETIONS WILL NOT BE REFUNDED.** In cases where payment, or arrangements for payment are not received within the appropriate time, entries for team/individual may be deleted.

ACES Entry Chairperson: Tom Byorick 303-741-1733 [acestom@aol.com](mailto:acestom@aol.com)  
Mail to: Tom Byorick  
7101 South Hudson Circle  
Littleton 80122

**AWARDS AND SCORING:**

Ribbons will be awarded for places 1-6 in each event for age groups (13-14, 11-12, and 10 & Under); no awards for Senior events (including 12&U athletes in Senior events).

**REFRESHMENTS:**

Refreshments will be available.

**RESTRICTIONS:**

USA SWIMMING RULES 102.25 AND 102.26 REGARDING TOBACCO AND ALCOHOL USE WILL BE STRICTLY ENFORCED.

Parking restrictions may be in effect during the meet.

**SAFETY CHAIRPERSON:**

Eric Craven

**MEET REFEREE:**

Linda Eaton 303-699-2015

**MEET DIRECTOR:** Tom Byorick / Marc Nankey 303-741-1733

**NOTICE: This meet will enforce USA Swimming Rule 102.9.1.**

**Friday Afternoon, May 28, 2010 4:00 Warm-up, 5:00 Start**

Female Event #	Age Group	Description	Male Event #
1	10 & Under	50 Fly	2
3	11 & 12	50 Fly	4
5	Open	200 Fly	6
7	10 & Under	100 Back	8
9	11 & 12	100 Back	10
11	Open	100 Back	12
13	10 & Under	50 Breast	14
15	11 & 12	50 Breast	16
17	Open	200 Breast	18
19	10 & Under	100 Free	20
21	11 & 12	100 Free	22
23	Open	100 Free	24

**Saturday Morning, May 29, 2010 8:00 AM Warm-up, 9:00 AM Start**

Female Event #	Age Group	Description	Male Event #
25	Open	200 Free	26
27	Open	100 Breast	28
29	Open	200 IM	30
31	Open	100 Fly	32
33	Open	200 Back	34
35	Open	50Free	36
37	Open	400 Free	38

**Saturday Afternoon, May 29, 2010 1:00 Warm-up, 2:00 Start (tentative)**

Female Event #	Age Group	Description	Male Event #
39	10 & Under	200 Free	40
41	11 & 12	200 Free	42
43	10 & Under	100 Breast	44
45	11 & 12	100 Breast	46
47	10 & Under	200 IM	48
49	11 & 12	200 IM	50
51	10 & Under	100 Fly	52
53	11 & 12	100 Fly	54
55	10 & Under	50 Back	56
57	11 & 12	50 Back	58
59	10 & Under	50 Free	60
61	11 & 12	50 Free	62

**Sunday Morning, May 30, 2010 9:00 AM Warm-up, 9:45 Start**

Female Event #	Age Group	Description	Male Event #
63	Open	400 IM	64
65	12 & Under	400 Free	66
67/69	Open	800/1500 Free	68/70