

**Western Slope Championships**  
2009 Time Standards

Girls			8&U	Boys		
LCM	SCM	SCY	Event	LCM	SCM	SCY
	0:31.39	0:28.29	<b>25 Free</b>		0:35.09	0:31.59
1:11.29	1:10.49	1:03.49	<b>50 Free</b>	1:20.79	1:19.99	1:12.09
2:19.99	2:18.39	2:04.69	<b>100 Free</b>	2:53.59	2:51.99	2:34.89
	0:34.19	0:30.79	<b>25 Back</b>		0:37.69	0:33.99
	0:41.59	0:37.49	<b>25 Breast</b>		0:45.49	0:40.99
	0:44.49	0:40.09	<b>25 Fly</b>		0:44.49	0:40.09
	2:46.99	2:30.39	<b>100 IM</b>		3:01.99	2:43.99

**9-10/10&Under**

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:44.59	0:43.79	0:39.49	<b>50 Free</b>	0:48.99	0:48.19	0:43.39
1:41.29	1:39.69	1:29.79	<b>100 Free</b>	1:50.89	1:49.29	1:38.49
3:50.29	3:47.09	3:24.59	<b>200 Free</b>	3:58.19	3:54.99	3:31.69
0:55.59	0:54.99	0:49.59	<b>50 Back</b>	1:01.89	1:01.29	0:55.29
2:04.79	2:03.59	1:51.39	<b>100 Back</b>	2:17.69	2:16.49	2:02.99
0:59.79	0:58.79	0:52.99	<b>50 Breast</b>	1:06.59	1:05.59	0:59.09
2:09.39	2:07.39	1:54.79	<b>100 Breast</b>	2:23.49	2:21.49	2:07.49
0:58.39	0:57.69	0:51.99	<b>50 Fly</b>	1:05.19	1:04.49	0:58.09
2:22.89	2:21.49	2:07.49	<b>100 Fly</b>	2:32.99	2:31.59	2:16.59
4:21.99	4:18.79	3:53.19	<b>200 IM</b>	4:28.69	4:25.49	3:59.19

**11-12 & 12&Under**

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:38.09	0:37.29	0:33.59	<b>50 Free</b>	0:44.89	0:44.09	0:39.79
1:29.39	1:27.79	1:19.09	<b>100 Free</b>	1:39.19	1:37.59	1:27.89
3:22.59	3:19.39	2:59.69	<b>200 Free</b>	3:37.69	3:34.49	3:13.19
7:13.19	7:06.79	8:05.39	<b>400/500 Free</b>	7:21.59	7:15.19	8:14.79
0:46.99	0:46.39	0:41.79	<b>50 Back</b>	0:55.99	0:55.39	0:49.99
1:46.69	1:45.49	1:35.09	<b>100 Back</b>	2:07.69	2:06.49	1:53.99
0:51.49	0:50.49	0:45.49	<b>50 Breast</b>	1:00.59	0:59.59	0:53.69
1:55.19	1:53.19	1:41.99	<b>100 Breast</b>	2:07.09	2:05.09	1:52.69
0:46.19	0:45.49	0:40.99	<b>50 Fly</b>	0:57.19	0:56.49	0:50.89
2:00.89	1:59.49	1:47.59	<b>100 Fly</b>	2:12.89	2:11.49	1:58.49
3:38.89	3:35.69	3:14.29	<b>200 IM</b>	3:54.09	3:50.89	3:27.99

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:35.69	0:34.89	0:31.39	<b>50 Free</b>	0:38.79	0:37.99	0:34.19
1:19.99	1:18.39	1:10.69	<b>100 Free</b>	1:25.49	1:23.89	1:15.59
3:09.69	3:06.49	2:48.09	<b>200 Free</b>	3:05.19	3:01.99	2:43.89
6:47.19	6:40.79	7:36.29	<b>400/500 Free</b>	6:31.59	6:25.19	7:18.79
29:01.69	28:37.69	28:27.49	<b>1500/1650 Free</b>	28:08.79	27:44.79	27:35.69
1:38.39	1:37.19	1:27.59	<b>100 Back</b>	1:41.19	1:39.99	1:30.09
3:33.79	3:31.39	3:10.39	<b>200 Back</b>	3:36.89	3:34.49	3:13.19
1:47.49	1:45.49	1:34.99	<b>100 Breast</b>	1:50.49	1:48.49	1:37.69
3:57.19	3:53.19	3:30.09	<b>200 Breast</b>	3:48.49	3:44.49	3:22.29
1:47.89	1:46.49	1:35.89	<b>100 Fly</b>	1:42.49	1:41.09	1:31.09
3:57.79	3:54.99	3:31.69	<b>200 Fly</b>	3:58.79	3:55.99	3:32.59
3:23.09	3:19.89	3:00.09	<b>200 IM</b>	3:25.19	3:21.99	3:01.99
7:41.19	7:34.79	6:49.79	<b>400 IM</b>	7:30.79	7:24.39	6:40.29

Open

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:34.29	0:33.49	0:30.09	<b>50 Free</b>	0:32.59	0:31.79	0:28.59
1:17.49	1:15.89	1:08.39	<b>100 Free</b>	1:10.59	1:08.99	1:02.09
2:56.49	2:53.29	2:36.19	<b>200 Free</b>	2:45.39	2:42.19	2:26.09
6:31.59	6:25.19	7:18.79	<b>400/500 Free</b>	5:58.39	5:51.99	6:41.59
28:01.99	27:37.99	27:29.09	<b>1500/1650 Free</b>	26:08.49	25:44.49	25:37.79
1:33.79	1:32.59	1:23.49	<b>100 Back</b>	1:29.19	1:27.99	1:19.29
3:19.89	3:17.49	2:57.89	<b>200 Back</b>	3:07.39	3:04.99	2:46.69
1:46.39	1:44.39	1:33.99	<b>100 Breast</b>	1:36.49	1:34.49	1:25.19
3:47.69	3:43.69	3:21.59	<b>200 Breast</b>	3:28.19	3:24.19	3:03.89
1:35.39	1:33.99	1:24.69	<b>100 Fly</b>	1:24.39	1:22.99	1:14.79
3:38.29	3:35.49	3:14.09	<b>200 Fly</b>	3:21.79	3:18.99	2:59.29
3:13.99	3:18.99	2:51.89	<b>200 IM</b>	3:06.29	3:03.09	2:44.89
7:11.19	7:04.79	6:22.69	<b>400 IM</b>	6:57.49	6:51.09	6:10.39